

NUTRITION FACTS

Serving Size 7 pieces (39g)

Amount Per Serving

Calories 190 Calories from Fat 70

% Daily Value

Total Fat 8g **12%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 29g **10%**

Dietary Fiber 0g **0%**

Sugars 19g

Protein 1g

Vitamin A 0% **Vitamin C** 0%

Calcium 2% **Iron** 4%

* Percent Daily Values are based on a

2000 calorie diet. Your daily values

may be higher or lower depending on

your calorie needs.

Calories: 2000 2500

Total Fat Less Than 65g 80g

Sat Fat Less Than 20g 25g

Cholesterol Less Than 300mg 300mg

Sodium Less Than 2400mg 2400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories Per Gram:

Fat 9 **Carbohydrate** 4 **Protein** 4

YOGURT PRETZELS

Ingredients: Sugar, Enriched Wheat Flour (Wheat Starch, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid, Silicon Dioxide [anti-caking agent]), Vegetable Oil (Contains One or More of the Following: Palm Kernel, Corn, Canola, Cottonseed or Soybean), Whey (Milk), Contains Less than 2% of the Following: Yogurt Powder, Salt, Corn Syrup, Titanium Dioxide, Soy Lecithin - an Emulsifier, Natural Flavor, Sodium Bicarbonate and Yeast.

ALLERGY INFORMATION:

CONTAINS SOY, MILK AND

WHEAT INGREDIENTS.

MANUFACTURED IN A

FACILITY THAT PROCESSES

PRODUCTS CONTAINING EGG,

COCONUT AND PEANUT/TREE

NUT INGREDIENTS.