

NUTRITION FACTS

Serving Size 7 pieces (39g)

Amount Per Serving

Calories 190 Calories from Fat 70

% Daily Value

Total Fat 8g **12%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 28g **9%**

Dietary Fiber 0g **0%**

Sugars 19g

Protein 1g

Vitamin A 0% ▫ **Vitamin C** 0%

Calcium 2% ▫ **Iron** 4%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

CALORIES: 2000 2500

Total Fat Less Than 65g 80g

Sat Fat Less Than 20g 25g

Cholesterol Less Than 300mg 300mg

Sodium Less Than 2400mg 2400mg

Total Carbohydrate 300g 375g

Dietary Fiber 25g 30g

Calories Per Gram:
Fat 9 ▫ Carbohydrate 4 ▫ Protein 4

VALENTINE PRETZELS

Ingredients: Sugar, Enriched

Wheat Flour (Wheat Starch,

Niacin, Reduced Iron, Thiamin

Mononitrate, Riboflavin, Folic

Acid, Silicon Dioxide

[anti-caking agent]), Vegetable

Oil (Contains One or More of

the Following: Palm Kernel,

Corn, Canola, Cottonseed or

Soybean), Whey (Milk),

Partially Hydrogenated Palm

Kernel Oil, Contains Less than

2% of the Following: Yogurt

Powder (Cultured Whey and

Nonfat Milk), Salt, Corn Syrup,

Titanium Dioxide, Nonfat Milk

Powder, Leavening (Sodium

Bicarbonate and Yeast),

Natural and Artificial Flavors,

Soy Lecithin - an Emulsifier,

Whole Milk Powder, Artificial

Colors (Includes FD&C: Red

#40 Lake and Red #3 Lake).

ALLERGY INFORMATION: CONTAINS

SOY, MILK AND WHEAT

INGREDIENTS. MANUFACTURED IN

A FACILITY THAT PROCESSES

PRODUCTS CONTAINING EGG,

COCONUT AND PEANUT/TREE NUT

INGREDIENTS.